

CYRENA

Informed Consent Form — Nails

Manicure, Pedicure, Gel, Acrylic, BIAB & Spa Treatments **Risk level: Low**

Services Covered

This consent form applies to: Classic Manicure · Classic Pedicure · Gel Manicure · Acrylic Nail Enhancement · BIAB (Builder In A Bottle) · Spa Nail Treatment · French Finish · Paraffin Wax Dip.

What to Expect

Nail services involve cuticle work, shaping, filing, and the application of gel, acrylic, or builder products. Some services use UV/LED curing lamps, chemical primers, and bonding agents. Pedicure services may include callus removal and foot massage.

Risks & Considerations

Nail services are generally low-risk. The following considerations apply:

- Skin sensitivity: gel and acrylic products contain methacrylate compounds — contact with skin can cause sensitisation in some clients.
- UV/LED lamp exposure: used for gel curing. Clients with UV sensitivity or on photosensitising medications should notify their therapist.
- Thin or damaged nails: acrylic and gel products may temporarily weaken natural nails if not maintained correctly.
- Nail infections: pre-existing fungal or bacterial nail infections are a contraindication — services cannot proceed in affected areas.
- Paraffin wax: not suitable for clients with circulatory conditions, open wounds, or skin infections on the hands or feet.

Health & Contraindication Checklist

Health & Skin Question	Yes	No	If yes, please detail
Do you have a known allergy to acrylic, gel, or methacrylate products?	☐ Yes	☐ No	Details: _____ —
Do you have any nail infections (fungal, bacterial) currently?	☐ Yes	☐ No	Details: _____ —
Do you have diabetes or any circulatory conditions affecting the hands or feet?	☐ Yes	☐ No	Details: _____ —

Are you sensitive to UV/LED light or taking photosensitising medication?	☐ Yes	☐ No	Details: _____ —
Do you have open wounds, cuts, or skin infections on hands or feet?	☐ Yes	☐ No	Details: _____ —
Are you pregnant? (some chemical products are not recommended in first trimester)	☐ Yes	☐ No	Details: _____ —
Have you had a reaction to nail products in the past?	☐ Yes	☐ No	Details: _____ —

Aftercare Acknowledgement

- Avoid prolonged water exposure for 24 hours after gel or acrylic application.
- Apply cuticle oil daily to maintain nail health and product longevity.
- Do not pick, peel, or bite extensions — always return to the salon for removal.
- Wear gloves for cleaning and activities involving harsh chemicals.
- Book infill appointments as recommended by your therapist (typically 2–3 weeks for gel/acrylic).

Photography & Social Media Consent

Cyrena Collective may wish to photograph or video the results of your service for use on our website, Instagram, and other marketing channels. This is always optional and your service will never be affected by your decision.

I consent to Cyrena Collective photographing/filming my results and using these images on social media and marketing materials. I understand my face may or may not be included, and I can withdraw this consent at any time.

I consent to photography of results only (e.g. hair, nails, lashes) — no face, no identifying features.

I do not consent to any photography or use of my image for marketing purposes.

CLIENT DECLARATION & SIGNATURE

I confirm that the information provided above is accurate and complete to the best of my knowledge. I understand the nature of the service(s) to be performed, the associated risks, and the aftercare requirements. I consent to the treatment proceeding on this basis.

This consent is valid for all nail services at Cyrena Collective from the date signed. Renewed annually or if health circumstances change.

Client full name: _____

Date of birth: _____ **Date of consent:** _____

Signature: _____

Therapist: _____